

## In memory of Professor LC Chan











## Student support Looking back, Looking forward

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## **Preamble**





# Getting into Medical School What students look for?

- Admission criteria
- Track record
- Pass rate
- Student support
- Assessment
- Faculty staff
- Career prospects at home & abroad
- Attrition Rate (dropout/forced out)



## **Counseling/Student Support**

(Student questionnaire : AAMC)

- What kind of counseling available to students?
- Is there a mentor/advisor system?
- How diverse is the student body?







(Student questionnaire : AAMC)

- What medical school committees (e.g., curriculum committee) have student representation?
- Are students involved in (required or voluntary) community service?
- How active is the Student Council/Government? Are there other student organizations?

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# Student Evaluation of Medical School (AAMC)

- Attrition Rate
- Basic Sciences teaching
- Contacts
- Helpful Advising
- Clinical Preparation
- Level of Burnout
- Knowledge Level
- Helpful Doctors
- Patient Interaction
- Teaching Style

- Job Assistance
- Teaching
- Individual Value
- Social Life
- Extracurricular
- Surrounding City
- Meeting People
- Romance
- Overall satisfaction
- Overall quality of school



# What is a good medical school?

Acknowledgement : Sam Leinster

Ethical practice
Inter-professional co-operation
Continuing professional development

respond to social, emotional and spiritual needs of end users

comp rs with al attitu

- Clinical skills
- Communication skills
  - Generic skills



# Medical faculty student profile

- Computer literate
- Social media users
- Online access to enormous material
- Students' online assemblies
- Dr. Google





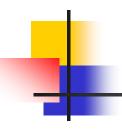


# We live in digital age



Memorization is outsourced to technology





# Etiology of frustrations

"Tomorrow's health professionals are taught by today's teachers with yesterday's curriculum"



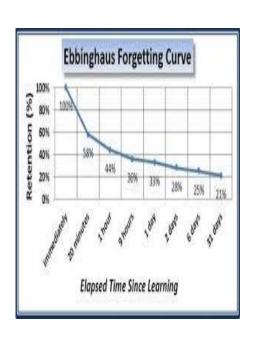


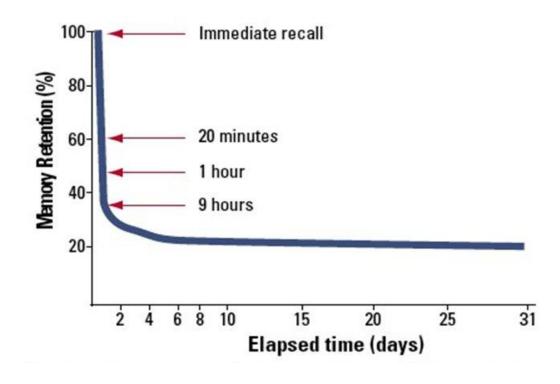
## **Etiology of frustrations**

 "Students can cope with bad teaching but they cannot cope with bad assessment" (modified from Boud, 1995)



## Lectures galore: Forgetting curve







I met a student distraught and crying following meeting with faculty review committee (FRC) for his/her poor performance. Student described scenario as firing squad surrounding the victim for execution

XXXXX



# Student support till 1997

- Student matters mainly dealt at the departments and reported to the faculty as when -----
- Interns were counselled by SPMET
- Students' organizations provided some peer support
- Medical education unit established in 1998 with curriculum reforms

## 1997: Curriculum reform

#### **CLINICAL SCIENCE**

PBL, Clinical & Clinical Interpersonal Skills

Leadership, Community-based Exposure

Common core, Humanities & Ethics, Electives

3

Linguistic skills, international experience

#### **BASIC SCIENCE**

2

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4

5

INTERNISHIP

# 2004 : IMHSE 2015 :BIMHSE

Medical education unit became Institute of Medical and Health Sciences Education (IMHSE) to promote excellence, professionalism, innovation and collaboration (EPIC) in medical and health sciences education





Programme for Effective
Transition and Student Support (PETSS)

- To build a philosophy of excellence, leadership and professionalism amongst students
  - Focus on enhancing personal wellness including personal, occupational, environmental, spiritual, emotional, intellectual and social development of their intellectual and personal strengths

## Support needed

I have met 400 + students & interns over 20 years at HKU)

- Academic matters
- Financial difficulties
- Stress & Depression
- Never failed syndrome
- Discontinuation
- Work related issues
- Behavioral problems



## Student input at the faculty level

- Staff student consultative meeting
- E-forum
- Face to face



- Post exam feedback e.g. after OSCE
- Curriculum map : redundant lecture & lecture topics
- Surveys including quantitative & qualitative comments



## **HKU** initiative

- BIMHSE (Bau Institute of Medical & Health Sciences Education)
- PETSS (Program for Effective Transition & Student Support)
- CEDAR (Centre of Development and Resources for Students)
- AAO (Academic Advising Office)
- Centre for Medical Humanity & Ethics
- Students representation on faculty board
- SSM (Staff Student Consultative meetings)
- Survey of teaching and clerkships
- Reflective logbooks
- E-forums
- Student associations
- Fitness to practice committee





#### The Art and Science of Medicine



An introduction to *Medical Humanities Program*: Fostering development of humanistic values in medical practice

Professor CHAN Li-Chong
Department of Pathology,
and
Medical Ethics and Humanities Unit
The Li Ka Shing Faculty of Medicine
The University of Hong Kong



# Medicine and medical practice in the real world

### Feel good about:

- New discoveries
- Cutting edge technology
- Learning new skills
- Save more lives
- Finding new cures
- Helping humankind
- Earn \$\$\$
- High status

#### Worry about:

- Difficult, angry patients
- Not meeting patients expectations
- Making mistakes
- Being blamed
- Not able to help dying patients, incurable patients
- To much to learn (exams!!)
- To much to do (excessive work hours)
- Burnout (self harm)

LETTING DOWN OTHERS AND OURSELVES

HELPING OTHERS AND OURSELVES

## Becoming a better doctor – learning to deal with



Not meeting patients expectations

(Fear of ) making mistakes

(Fear of ) being blamed

Not able to help – dying patients, incurable patients

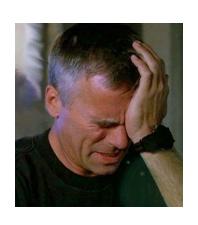
To much to learn

To much to do (excessive work hours)

Burnout (self harm)

How can the medical curriculum help?





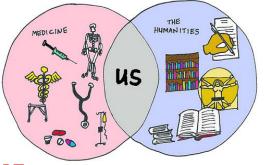
# Medical Humanities (From 2012 – core curriculum)

## **Four Themes**

- Narrative Medicine: Doctors' à stories
- History of Medicine
- Culture, spirituality and healil
- Death, Dying and Bereavemen.
- Humanitarianism

## **Teaching and Learning Format:**

- Literature
- Films
- Visual Arts paintings, sculptures, multimedia
- Performances music, drama





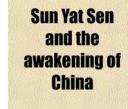
# What makes a good Mentorship programme?



## Mentor & Mentorship

- A mentor is defined as a trusted counselor or guide
- Mentorship is transfer of wisdom from a wise and trusted counselor to mentee/protégé





James Cantlie



# Mentorship programme



### Informal

When a person approaches a possible mentor and that person agrees to form a mentoring relationship.

### Formal

Organization oversees and guides the mentoring program in order to promote student/trainee/employer development

Buell, 2004



# Mentor phenotypes

## Good mentor

- Approachable
- patient
- good role model



### Poor mentor

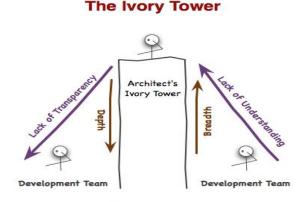
distant







- Medicine is a high stake education
- Bright high school graduates may not be able to cope with 'failures' in medical school
- Awareness of life beyond medicine
- Career guidance
- Assistance in special needs











Candy Ip Hong Ting

Thanks to the exposures I received and the support of Anne, I have had so many unique experiences and gained essential personal connections...I reached my original aim of joining the Programme: To understand what kinds of jobs would



**HKU Centenary** Marathon Team 2012









**Passion for** Science Research





A half-hour television programme featuring the Vice-Chancellor. professors, alumni, students and supporters, all saying thank you to the community will be rerun on Christmas day on December 25 (Sunday), 3:30pm TVB Jade).



more stories

## Failure of mentorship programme

- Inadequate resources
- Program managers have no commitment
- Mission and goals are not clearly defined
- Lack of networking
- Superficial contact with mentors and mentees
- No specific guidelines



# Reality check: Lessons learnt

- Those who need to be there, may not attend workshop
- Those who need support may not seek help
- Role models may not act as role model
- Students reluctance to obtain help at faculty and HA hospitals in fear of entry into CMS and humiliation

So-----

- Be proactive not knee jerky!
- Listen to students
- Provide staff development program in student support, feedback & counselling



# Student support

- Cure sometimes
- Care often
- Comfort always!



# Thank you LC!





## Getting to terms

#### Humane –

 Sympathy or consideration for others; compassionate; benevolent. Related to Humane: kindness; benevolence.

#### Humanity

 Related to Human: the quality, condition or fact of being human; the human race

The humanities: learning or literature concerned with human culture (historically: the branch of knowledge that deals with the Latin and Greek classics).

#### Humanitarian

a person practising humane action; a person believing in advancement of welfare of others



Definitions: The New Shorter Oxford Dictionary